

### **TREATS FOR FOOTBALL PLAYERS:**

- "Whip The Bulldogs " - Licorice whips
- "Go Big Red" - Big Red gum
- "Give It Extra Effort" - Extra gum
- "Score Big" - Skor candy bar
- "You're Red Hot" - Red Hot candy
- "Roll-Em Over" - Tooties Rolls or Rolos
- "Charm the Bullogs" - Charm suckers
- "Mighty & Mean" - M&Ms
- "Beat the Cats" or "Cat Power" - Kit Kats
- "Crunch the Bears" - Crunch candy bar
- "Send'em to Mars" - "Mars candy bar
- "Burst Their Bubble" - Bubble gum
- "You've Got the Power" - Power Bars or Poweraide
- Basket full of oranges with message written on their skins
- "You CAN do it! - Decorate cans and fill with candy
- "Crush the Bulldogs" - Give out Crush soda
- "Shock the Bulldogs" Shock candy
- "Let's leave the Bulldogs behind in our trail to victory" - give a bag of trail mix
- "Blow Away the Bulldogs" or "Blow Them Away" – give bubble gum or small bottles of bubbles
- "Glow With It" – Glow necklaces

### **SPIRIT IDEAS FOR CHEERLEADERS:**

- a BALLOON - to keep your spirit inflated
- a PENCIL - to help you get the cheers (w)rite
- GLOVES - to keep your hands on your stunt
- GUM - to help you "stick" your stunts/tumbling
- LIFESAVERS - because cheerleaders can save the game with their spirit
- RIBBON (HAIR BOW) - to show your team colors everyday
- a BOUNCY BALL - keep your bounce and spirit
- RAISINS - remember to keep 'raisin the roof'
- MIRROR - On a post-it note write, "Face It - You make a big difference in our team"
- HAPPY FACES STICKER - Remember to smile
- A STAMP - to keep "stamping" to the beat
- SPARKLING CONFETTI (or sequins) - because YOU are all sparkle and shine
- STARS - "because that's what you are!!!!!!!" (These could be star earrings, charm on bracelet/necklace, etc.)
- GUMMY FROGS - to make you jump high
- STARBURST - to give you a "burst" of energy when you need it

**YOU GET THE IDEA – JUST USE YOUR IMAGINATION!**