

# 2025 Cheerleading Policies & Procedures

### Contents

MISSION STATEMENT	3
MOTTO	3
REMARKS	3
ALL CHEERLADING POLICIES	4
ELIGIBILITY	4
TEAMS	5
DRAFT - SELECTION OF PLAYERS	6
5-YEAR-OLD FLAG DIVISION	6
ALL FLAG AND TACKLE DIVISIONS AGE 6 AND UP	7
NEW & RETURNING TEAMS	8
ALLOCATIONS OF CHEERLEADERS	10
GAME UNIFORMS	10
PLAYER PARTICIPATION RULE	10
COACHING STAFF	12
THE HEAD COACH	13
ALL COACHES CONDUCT	14
ALL COACHES RESPONSIBILITIES	14
PRACTICES	15
GAME SCHEDULE	17
GAME WARMUPS AND COMPLETION	17
GAME SUSPENSIONS, POSTPONEMENT, AND CANCELLATION	18
FORFEITS	19
CHAMPIONSHIPS	19
LEAGUE POLICIES	38
PARENT AND SPECTATOR	12
PARENT CODE OF ETHICS	12
SPONSORS	13
FUNDRAISING	
VIOLATIONS	13
REFUNDS	
EXPENDITURES	
CORPORATE DOCUMENTS	

Thank you for volunteering your time to be a coach! You are making a huge impact in our community and on the lives of these young people!

MISSION STATEMENT This Corporation was established as an instructional youth football and cheerleading league to teach and promote the highest ideals of sportsmanship, fellowship, teamwork, and dedication. Our emphasis will be on playing the game and not winning at any cost. We will provide athletic participation as a recreational pursuit, and competition for all participants regardless of race, creed, color, religion, gender, or sexual orientation, by providing a supervised football and cheerleading program for eligible participants. We offer the opportunity for adult members to coach, supervise, instruct, or otherwise participate in the activities of the Corporation.

**MOTTO** "YOUTH FIRST, SPORT SECOND" is the motto of the Frisco Football League (FFL). All actions and decisions will be predicated on the advancement of this ideal.

**REMARKS** The FFL policies and procedures are written as a guideline to govern football & cheer. The FFL Board will refer to the University Interscholastic League (UIL) and NCAA rules to make any decisions regarding any situation that arises which is not covered by this handbook. Further, any occurrence not covered by this handbook or NCAA or UIL shall be resolved by the Board of Directors and any Advisory Committees to the Board of Directors at its sole discretion. All decisions will be made in the best interests of the League and the Members it serves.

## **ALL CHEERLEADING POLICIES**

### **ELIGIBILITY**

A. Each participant must register with the FFL and must be residents of the city of Frisco or live within the Frisco Independent School District (FISD). Non-city and non-FISD residents require Board approval and will be considered on a first come, first serve basis.

- B. The participant must provide a certified copy of their birth certificate.
- C. The participant must be at least (5) years old or entering Kindergarten, and not more than (12) years old or entering 6th grade, on or before September 1st of the registration year. September 1st birthdate applies to eligibility of each age division. Divisions are determined by age. Participants will participate in the division according to their age level for the fall cheer season. However, players may appeal to play according to grade level. Appeals will be reviewed by the Board for approval or denial based on case-by-case circumstances. The grade levels by age are as follows:

Age Division	Grade Level
5U	Kindergarten
6U	1 <sup>st</sup> Grade
7U	2 <sup>nd</sup> Grade
8U	3 <sup>rd</sup> Grade
9U	4 <sup>th</sup> Grade
10U	5 <sup>th</sup> Grade
11/12U	6 <sup>th</sup> Grade

- D. 5U/6U divisions cheer for flag; 7U-11/12U cheer for tackle. **No teams will cheer for flag (also known as Air Assault or AA) after 6U.** Cheer follows tackle football.
- E. Students who are home schooled must present evidence to the Board from the State of Texas (or similar governing authority) to confirm their current grade level. Home-schooled students must be at grade level 6 or below to participate.
- F. PARTICIPANTS, REGARDLESS OF DATE OF BIRTH, WHO WANT TO BE CONSIDERED FOR AN APPEAL, MUST DO THE FOLLOWING:
  - a. Email the Director of Operations with the appeal request.
  - b. Include the following: Athlete's Name, DOB, copy of birth certificate and a current report card or school registration showing grade.
  - c. Once received and approved, the Director of Operations will move the athlete to their correct grade draft pool.
- G. All appeals must be received by April 30<sup>th</sup> ahead of uniform fittings. NO APPEALS WILL BE CONSIDERED ONCE UNIFORM FITTINGS HAVE BEEN COMPLETED.
- H. Eligibility variations are case by case and subject to review and change by the Board.
- J. The Board will make all decisions concerning a change in eligibility and is the final authority in determining eligibility.

### **TEAMS**

- A. Eligibility restrictions described previously in this document will apply at all ages.
- B. Participants who are "five" (5) or "six" (6) years old on or before September 1st will be eligible to cheer for flag. Participants "seven" (7) thru "ten" (10) are eligible to continue cheer for **TACKLE ONLY**.
- C. Every cheer team will have a maximum of "fourteen" (14) (see paragraph E. for possible exception). When available, the Board will add cheerleaders from a wait list at their discretion. Cheerleaders not registered with the FFL are never eligible to participate, regardless of the situation.
- D. A team must use their regular season roster in all post-season games sponsored by the FFL.
- E. To ensure all eligible athletes can participate in our League, the Board may use its discretion to increase the roster size from 14 cheerleaders, depending upon the number of eligible participants in a particular age group.

### **DRAFT - SELECTION OF PLAYERS**

Draft rules have been implemented by the FFL to allow participation by all children, boys and girls.

This is a draft league, and all unprotected players are eligible to be drafted by any team with the exceptions listed below regarding players not finishing the season for a particular team or being placed back into the draft pool. If you have promised your sister in-law you would draft her son or daughter, you had better select that cheerleader with your first available open pick, or someone else will. It is better not to promise anyone that you will draft their son or daughter. If you wish to coach with a particular parent, the same logic will apply.

### **5U Division**

- A. All teams in the 5-year-old flag division will be created through a draft process. The team is created by protecting a maximum of "three" (3) cheerleaders: A Head Coach, and "two" (2) Assistant coaches.
- B. An assistant coach may help with the drafting of cheerleaders, but only if they have been designated and registered as an assistant coach prior to the draft.
- C. All Draft decisions are final and there will be no negotiating, "gentlemen's agreements", or trading of cheerleaders.
- D. CHEER ONLY: The FFL does take into consideration friend requests to cheer on a particular team, for a particular coach. Note that it is a request only, it is not a guarantee. The max roster for any squad is 14, NO EXCEPTIONS unless the board has determined the roster sizes needs to be increased to accommodate the number of participants.

### **ALL FLAG AND TACKLE DIVISIONS AGE 6 AND UP**

- A. All returning cheerleaders wanting to cheer for the same Head Coach/team will be included on the draft sheet but are ONLY available to that said Head Coach/team. They are protected.
- B. Only RETURNING cheerleaders opting to return to the same Head Coach/team are protected in the draft.
- C. An assistant coach may help with the drafting of cheerleaders, but only if they have been designated as an assistant coach prior to the draft. Maximum of two (2) coaches in total.

- D. All new cheerleaders coming into the league will be placed in the draft and are eligible to be selected by any coach. All cheerleaders listed on the draft sheet will be selected to a team.
- E. Any returning cheerleader who does NOT want to return to his/her Head Coach/Team will be placed into the draft. The player is eligible to be selected by any coach except the previous year's Coach/Team.
- F. All Draft decisions are final and there will be no negotiating, "gentlemen's agreements", or trading of players.
- G. Teams with low retention rates from year to year or other matters deemed appropriate may be disbanded at the discretion of the FFL Board. Cheerleaders affected will be placed into the draft; this decision cannot be appealed.

### **NEW & RETURNING TEAMS**

- A. The draft order will be determined by drawing numbers.
- B. A new team is created when an opening is available based on registration numbers warranting the creation of a new team. A new coach or current assistant coach is selected from the interview process. All new teams created after the "five" (5U) year old season will begin by protecting the children of the registered coaches.
- C. Team mascot/name is determined by the football team. New teams may choose based on availability. **NOTE:** 5U & 6U Coaches are **STRONGLY** encouraged to select teams that have committed to tackle in 2<sup>nd</sup> grade (7U). Cheer follows tackle there is **NO CHEER IN ANY FLAG/AA (Air Assault) DIVISIONS for 7U and older.**
- D. Once a team's name is established, both cheer and the football team must approve any future name change, as well as gain approval from the FFL Board.
- E. **BE ADVISED for 7U season:** If the number of football teams transitioning to tackle is less than the number of total cheer teams, teams may have to merge. For example, if 6 flag teams transition to rookie tackle their 7U season, but there are 8 cheer teams from that same division, two of the cheer teams will merge with an existing team. The decision on which teams merge is the sole discretion of the VP of Cheer. Their decision is final and cannot be appealed.

### **ALLOCATION OF CHEERLEADERS**

- A. All squads are created by the draft process.
- B. When siblings are involved, a coach drafting one child must also draft the other at the same time. The siblings will be annotated on the draft sheet. Any cheerleader with a sibling in football must be drafted to the same cheer squad as the sibling. Any deviation from this will require the parents' consent.
- C. PLAYER TRANSFER REQUEST: No returning player will be allowed to transfer to another team. They must enter the draft.
- D. Players that quit a team prior to the season, or during the season or who were not on a team's final roster from the previous year, for whatever reason, and now wish to participate again, will be placed back into the Draft.

### **GAME UNIFORMS**

A. All game uniforms must be FFL issued for that team, for that season.

- B. Cheerleaders are expected to be in uniform with cheer shoes **every game (see Halloween game in paragraph D).**
- C. Pink socks, poms & bows may be used in October (pink out month). Pink t-shirts with uniform skirt or any other alterations to the cheer uniform are **not allowed.**
- D. Halloween Game: date is TBD and communicated by the VP of Cheer. This is the **ONLY** game each year that the cheerleaders do NOT have to wear their cheer uniform. They must still wear cheer shoes. The date selected is the only date available, **NO EXCEPTIONS.**

### **PLAYER PARTICIPATION RULE**

- A. In keeping with our motto, "YOUTH FIRST, SPORT SECOND", coaches are required to let all cheerleader's cheer. This is the very foundation of our league and as such, all violations of this rule will be addressed
- B. All cheerleaders will be required to attend and participate in a team's weekly practices prior to a game to be eligible to participate in the halftime routine under this Player Participation rule. The required attendance is kept week to week and is not cumulative. If a cheerleader does not meet the minimum requirement the VP of Cheer and the parents of the cheerleader must be notified using an FFL "Player Participation Form" a minimum of 12 hours prior to the scheduled game.
- C. Completion of coach registration constitutes acknowledgement of the Player Participation Rule.

### **COACHING STAFF**

- A. In attempt to provide adequate instruction and attention to each participant, each team will have a Head Coach and recommended minimum of "two" (2) assistants.
- B. All coaches are required to register online with the FFL each season prior to Cheer Camp.
- C. All cheer coaches are <u>required</u> to attend cheer camp. It is strongly encouraged for your cheerleaders to attend but it is <u>MANDATORY</u> for the coaches.
- D. A criminal background check will be processed on all coaches.
- E. An outside vendor will process and review the information obtained during the background check and will notify the Board of Directors of anyone who does not pass the pre-determined criteria. The FFL Board will not be notified of what the exclusion was, only that a "clear background" was not received based on the criteria that was given to the vendor. All information obtained will be confidential.
- F. The FFL Board Designee shall take all coach applications, after a coach has the background check procedure completed, and submit them to the Board for final approval. The Board is the final authority concerning the selection of team coaches.
- G. Each coaching staff must have all coaches in attendance at the annual mandatory Cheer Camp organized by the FFL. This requirement is **MANDATORY** as the league will communicate important safety information and updates to the FFL Policies and Procedures.
- H. All coaches who have met the registration requirements, and passed the background check will be issued a coach badge to indicate they are approved to coach in the FFL. These must be visible at all practices and games. Those who do not have a badge are not approved coaches and may not act as a coach in any manner.

J. In the event someone is caught wearing someone else's badge, a false badge, or a non-current year badge, will immediately be removed from the game facility. The Head Coach and any coach allowing their badge to be used for this purpose will be subject to suspension and/or complete loss of coaching privileges.

### THE HEAD COACH

- A. The FFL Board will award each head coaching position at their discretion.
- B. All Head Coaches will be responsible for seeing that the assistant coaches, cheerleaders, fans, and the cheerleaders' parents conduct themselves in a manner as to attain the mission and adhere to the motto of this organization. Failure to maintain control will result first in suspension, and then possible forfeiture of all coaching duties for the season. (See All Coaches Conduct Section).
- C. Will be responsible for obtaining medical care for players injured during games or practices if parents are not present. Electronic copies of medical releases are maintained by the league in the registration database. The League will provide electronic or hard copies of medical release forms to each coach for all his/her players.
- D. Will be responsible for recruiting and enlisting assistant coaches.
- F. Must report injuries to the League on the provided "Accident Form" within "seven" (7) days of any player injury, or by the next game day, whichever comes first.
- G. Must attain assistance from parents for:
  - a. Setting up the game fields
  - b. Taking down and storing equipment after game
  - c. Ensure Team Area and sidelines are cleaned following each game
- H. Will select an assistant that will be in charge in their absence.
- I. Must report via email to the VP of Cheer any cheerleader that drops out of the program within "twenty-four" (24) hours.
- J. Will not leave cheerleaders alone on the field or practice sites, unless supervised by a certified assistant coach.
- K. Will be responsible for seeing that all assistant coaches fulfill duties and responsibilities as listed under All Coaches Responsibilities.
- L. To facilitate good communication, all Head Coaches must have a mobile phone number and e-mail address and make them available to their team and the FFL Board.

### **ALL COACHES CONDUCT**

A. As an organization dedicated to the well-being and growth of young athletes, we prohibit coaches from asking a child not to return to the team or to find another alternative. Every participant who registers deserves the chance to learn, develop skills, and enjoy the sport in a supportive environment. This policy is established to ensure that all youth participants are treated fairly, with respect, and provided with equal opportunities for participation and development within the FFL. Any coach found violating this policy will face disciplinary action, including but not limited to suspension or termination of coaching responsibilities.

- B. The FFL regards bad sportsmanship as unnecessary and completely intolerable. Coaches are constantly being monitored and are considered role models and will be held to an extremely high standard. All FFL coaches are required to demonstrate positive sportsmanship in respect to players, cheerleaders, team, parents, opposing team's players, cheerleaders, parents, coaches, and game officials. Coaches who are unable to demonstrate proper sportsmanship will be suspended from further coaching in the FFL.
- C. Any coach who is ejected from a game for un-sportsmanlike conduct will be required to leave the complex and will be unable to attend practice for the next week, nor coach in the next scheduled game. The Coach may be required to meet with the Board or Board Designee(s) to resume coaching. This includes post season play. The continued demonstration of improper sportsmanship may constitute suspension from any number of practices and games as the FFL Board deems appropriate. No appeal is offered for a coach who has been ejected.
- D. Confrontation with the officials by any coach is not permitted. The FFL has established a ZERO TOLERANCE policy for unsportsmanlike conduct by any coach. Any such confrontation will result in a "fifteen" (15) yard penalty. A second unsportsmanlike penalty will result in the above stated penalty and an immediate ejection of that coach from the game.
- E. ALL confrontations with referees or FFL officials prior to, during, or following a game may result in the immediate ejection of that coach from the current game, the next scheduled game, or expulsion from the League. All ejections will be at the discretion of the head game official.
- F. Coaches are responsible in assisting game officials with the sportsmanship of all playing and non-playing team members, cheerleaders, as well as spectators and fellow coaches.

### **ALL COACHES RESPONSIBILITIES**

- A. Will teach each cheerleader the fundamentals and safety of cheer.
- B. Will stress the fact that cheer is a team effort.
- C. Will teach and encourage good sportsmanship by cheerleaders.
- D. Will treat all cheerleaders equally.
- E. Will not physically or verbally abuse any cheerleader.
- F. Will be responsible for checking each cheerleader's uniform and ensure proper cheer shoes.
- H. Will provide or be certain that water or drink is available for every child.
- I. Will be responsible for keeping practice fields or area clean.
- J. Should NOT administer medication.
- K. Will appear before the Board when notified for disciplinary purposes or forfeit all rights to appeal.
- L. Encourage all participants to line up at mid-field after the game to shake hands with the opposing team players, coaches, cheerleaders and game officials to demonstrate good sportsmanship.
- M. Will not organize, participate, or facilitate any practices or "camps" prior to the official practice start date without specific prior approval from the FFL Board.

N. Each coach will read the policies & procedures as well as sign the acknowledgement that they have completed this action. This acknowledgement needs to be emailed to the VP of Cheer or turned in at camp. If this is not completed by cheer camp, you will not be allowed to coach, nor will you be allowed to attend camp until this is done. **NO EXCEPTIONS.** 

### **PRACTICES**

- A. Practice is defined as a gathering of cheerleaders, a cheer squad, a team, or individual cheerleaders on a team(s) to discuss the subject of cheer to exercise, or study cheer.
- B. Any organized activity that could be viewed and defined as a "practice" is not allowed before the first allowed date provided by the FFL. Violations will result in the suspension of the Coaches and all participating cheerleaders in attendance at the event.
- C. Any COACH instructing FFL eligible cheerleaders or any FFL eligible cheerleader that participates in any activities during the listed offseason period will not be eligible to participate in the FFL Recreation season.
- D. Cheer shoes MUST be always worn.
- H. Practices can be held on any day except scheduled game days. Games are not included in the practice total. Practices must not exceed "two" (2) hours and only "one" (1) practice may be held per day. Participants must be released by 9:00pm.
- I. It is recommended NOT to practice on Sundays. However, if Sundays are used for practice, a cheerleader cannot be penalized towards the Player Participation rule for missing Sunday practice.
- J. Practices are defined as Pre-Season (prior to regular season) and Season practices. A maximum number of practices are allowed for each time-period and are based on a WEEK ("seven" (7) day period. The FFL begins on a Saturday, so the WEEK time frame will be considered SATURDAY-FRIDAY.
  - a. Pre-Season Practices: maximum of "two" (2) practices per WEEK
  - b. Season Practices: maximum of "one" (1) practice per WEEK
- K. All practice sites will be coordinated with the VP of Cheer. All practice sites have been coordinated between the FFL, other youth sport leagues, the City of Frisco Parks and Recreation Department, and/or the Frisco Independent School District. No other sites are permitted unless approved by the FFL in writing prior to use. A WORD OF WARNING The Frisco Police Department will issue tickets to coaches that use any irrigated areas maintained by FISD and anyone parking on city streets and surrounding streets encompassing the practice site. Use designated parking areas and follow all traffic regulations when attending any FFL practice or game.
- L. Conditions of participants must be watched, especially during hot weather. Frequent breaks will be provided throughout practice for water. Adherence to UIL WBGT (wet bulb global temperature) heat standards is required.
- M. Practice will stop immediately if deteriorating weather (i.e. lightning, wind, etc.) conditions are present.

### **GAME SCHEDULE**

A. Final league schedules will be released to Head Coaches no later than two weeks prior to the opening day. The FFL Board will attempt to reschedule any game canceled for any reason.

### **GAME WARM-UPS AND COMPLETION**

- A. To start games on time, cheer squads will meet and warm up prior to setting up on their sidelines unless the sideline is clear from the prior game.
- B. Pre-game warm-ups will NOT exceed "one" (1) hour prior to the scheduled game time.
- C. Cheer squads will clear their sideline immediately after their game is completed to allow the following game to start on time. Teams leaving the field must clean up the area around their sidelines before leaving the field.
- D. Cheer set up:
  - a. TACKLE: on the 30-yard line of the same sideline as your football team
  - b. FLAG: in the back endzone ONLY
- E. Post game team meetings (or meetings with football teams) must happen off the field and away from the sidelines to allow the next teams to move onto the field and prepare for their games.
- F. Coaches are responsible for keeping their fans off the game field during halftime. **GAME FIELDS are ONLY open to cheer teams during intermission.**
- G. When setting up tents or sunshades, please check with the FFL Videographer to ensure that your tent or sunshade is not blocking the camera's view of the field. If the FFL Videographer requests that you move your tent or sunshade, please do.

### GAME SUSPENSIONS, POSTPONEMENT, AND CANCELLATION

- A. Prior to kickoff of any FFL game, the decision to postpone or cancel the game is solely that of the FFL Board, Referee, or their designee.
- B. After kickoff, the referee may suspend the game temporarily when conditions warrant such action. The referee may declare and charge himself with a timeout for any contingency not elsewhere covered by the rules.
- C. When the game is stopped by actions of person(s) not subject to the rules or for any other reason not in the rules, and cannot continue, the referee shall:
  - a. Suspend play and direct the players & cheerleaders to their team area or off the field in the case of threatening weather.
  - b. Refer the problem to the FFL Board or their designee.
  - c. Resume the game when they (game officials) determine conditions are satisfactory.
- D. A suspended game due to weather (if resumed) will begin with the same time remaining and under the identical game condition of down, distance, and field position. **Cheerleaders are expected to stay and**

return to the field once conditions improve and officials have deemed conditions safe for the game to resume. If the football players are out there, the cheerleaders must also be out there.

E. All games reaching halftime shall be considered official if stopped due to weather and cannot be completed on the scheduled game day. All games postponed prior to halftime that are determined to still be of a competitive nature are considered incomplete and subject to rescheduling. Board discretion on rescheduling will apply and the league will attempt to reschedule all games that are incomplete.

F. The FFL will follow the procedures posted on our website regarding the City of Frisco's Lightning Predictors. Play must cease immediately if the siren blows, and the fields of play must be cleared. Play will not resume until the "all clear" is given: three (3) short blasts. Please refer to the Lightning Policy on the website: www.friscofootballleague.com.

### **CHAMPIONSHIPS**

- A. Playoff format is an "eight" (8) team bracket based on either the top "eight" (8) teams in a single division age group or the top "four" (4) teams out of each division in a two-division age group. The top two teams in 6-team divisions will receive a first round bye, while the other 4 teams playoff in the first round.
- B. Teams that do not make the post-season will play against each other during the first week of the playoffs, but not for advancement.
- D. The Divisional winners in the regular season will be considered the Division Champion(s). The winner of the postseason tournament will be considered the Frisco Bowl City Champion.
  - a. Trophies will be presented to Division Champions based on regular season standings.
  - b. Only the Frisco Bowl Champion and runner-up will receive trophies in the playoff round.
- E. Playoff games must have a winner. If at the end of a regulation game it is tied, an overtime tiebreaker will be used.

### **LEAGUE POLICIES PARENT AND SPECTATOR**

- A. Parents will acknowledge a Parent's Code of Ethics prior to the season and are requested to conduct themselves accordingly and in a manner as to attain the mission and adhere to the motto of the organization.
- B. All parents and spectators will be expected to demonstrate positive sportsmanship. Young athletes form attitudes from what is demonstrated by their parents and coaches. Parents and spectators who cannot demonstrate proper sportsmanship will be required to leave the game complex and will not be allowed at the next game. This expectation of behavior applies to all team practices, functions, and events.
- C. If a parent is ejected from a game, their child is also subject to ejection from the game.
- D. A parent ejected from a game will leave the complex immediately and is considered ejected for "one" (1) week. This would include all remaining FFL games scheduled that day at all locations.

E. If a parent has a complaint concerning a game official, officiating, or judging; that parent should voice their complaint concerning this matter to their HEAD COACH. The Head Coach is the first point of contact, and they will discuss the matter with the official involved at an appropriate time. If satisfaction is not obtained at this level, the parent has the right to file a formal complaint that will be handled by the Board.

- F. Parents will notify the Board immediately with any concerns regarding a Head Coach or an Assistant Coach.
- G. Parents and Spectators are not allowed in the TEAM AREA no closer than 5-yards from the game field. Parents and spectators are not allowed inside the 10-yard line extending around the back of the end zone to the opposing team's 10-yard line.
- H. Parents and spectators are NOT allowed on the field of play at any time. This includes halftime. All parents and spectators should be respectful of the cheer teams that are performing.

### **PARENT CODE OF ETHICS**

A. Each Parent in the FFL should strive to adhere to the following pledge: I hereby pledge to provide positive support, care, and encouragement for my child participating in the Frisco Football League by following this Parent Code of Ethics Pledge:

- a. I will encourage good sportsmanship by demonstrating positive support for all players, cheerleaders, coaches, and officials at every game, practice, or other Frisco Football League event.
- b. I will place the emotional and physical well-being of my child ahead of a personal desire to win.
- c. I will insist that my child play in a safe and healthy environment.
- d. I will support coaches and officials working with my child, to encourage a positive and enjoyable experience for all.
- e. I will be responsible for transporting my child to and from all FFL events, arriving at the appointed time, and picking my child up at the end of the scheduled event.
- f. I will demand a sports environment for my child that is free from drugs and alcohol and will refrain from their use at all Frisco Football League events.
- g. I will remember that the game is for youth athletes, and NOT for adults.
- h. I will do my best to make the Frisco Football League experience FUN for my child.
- i. I will ask my child to treat other players, cheerleaders, coaches, fans, and officials with respect regardless of race, creed, or ability.
- j. I promise to help my child enjoy the youth sports experience by doing whatever I can, be that being a respected fan, assisting with the coaches, or providing transportation.
- k. I will require that my child's coach be trained in the responsibilities of being a youth football/cheer coach and that the coach upheld the Coaches' Code of Ethics.
- l. I will strive to attain the mission of this organization and adhere to the motto of this organization: "YOUTH FIRST, SPORT SECOND".
- m. I will adhere to all posted city ordinances while attending all FFL functions. This includes City parking restrictions, and the no dogs allowed in parks policy.

### **SPONSORS**

- A. Individual football and cheerleading teams will solicit for team sponsors. All sponsorship checks are made payable to the Frisco Football League (FFL). Sponsorship fees are the property of the FFL.
- B. There will be no unauthorized solicitation of funds or products from team sponsors.
- C. Team designated Sponsors: Coach must adhere to all guidelines set forth in the Team Sponsorship Form:
  - a. Turn in the completed Sponsorship Form to the League and coordinate with Director of Operations form and check pick up
  - b. All sponsorships received by October 1st will be listed in the End of Season Program.
  - c. All sponsorships received by August 1st will be issued their team check by August 15th. Sponsor money received after August 1st will be issued during the regular season at Board discretion.
  - d. The FFL Board will issue Sponsor acknowledgement letters for tax purposes at the close of the season.
  - f. Head Coach will be responsible for providing any applicable information for website / banner advertising to the League.
  - g. Any complaints from Team Sponsors will be directed to the appropriate Head Coach.
  - h. Head Coach will provide documentation of receipts for all items purchased with the Sponsor monies to the League upon request.

### **FUNDRAISING**

- A. No Team fundraisers are allowed unless submitted and approved by the FFL Board.
- B. The FFL Board will not be held accountable in the case of unauthorized fundraisers

### **VIOLATIONS**

- A. Any person witnessing misconduct from any FFL member during an FFL function should report directly to a Board member.
- B. If any adult with the FFL is found to have participated in misconduct in any way, such as fighting, intoxication, using abusive language, etc. at games or practice sites, the Board will act. The Board will not be tolerant of violations.
- C. Any coach failing to fulfill their duties will be subject to probation or suspension.
- D. Use of alcohol products by any member will not be allowed during a team game, practice, or FFL sponsored event. The Head Coach is solely responsible for ensuring that the use of these substances is not permitted during all aforementioned functions especially in the presence of minors.

### **REFUNDS**

- A. There shall be NO refunds of registration fees after the uniform fittings and orders have been submitted.
- B. Cheerleading purchases are **NON-REFUNDABLE**. Parents will approve all uniform sizing. The League is not responsible for a uniform that does not fit but will assist in getting it corrected.
- C. Cheerleaders that do not attend the fittings are responsible for submitting their child's measurements to ensure a uniform is ordered. The league will provide information for measuring your child. **Parents are strongly encouraged to ensure their child attends the fittings to ensure proper sizing.**

### **EXPENDITURES**

Besides the regular expense of registration and any necessary cheer equipment, parents may be required to fund the expense of such things as: football gifts, team equipment, etc. These expenses should be held to a minimum and should be the decision of the Head Coach and team parents to monitor these expenses within reason. Any unusual or unnecessary funds should be brought to the attention of the FFL Board. We encourage all coaches and teams to take advantage of the team sponsor program to help cover these expenses. The expenses will **NOT EXCEED: \$150 per cheerleader for any cheer team** 

### **CORPORATE DOCUMENTS**

A. The Articles of Incorporation, bylaws, and financials of the Frisco Football League, Inc. (FFL) may be obtained from the Corporation for a fee of \$50.00. Requests must be submitted in writing to the FFL, PO BOX 2136, Frisco, TX, 75034.

B. The FFL Bylaws will take precedent over any possible conflicts with this manual.